

Gluten Free Menu Options

Breakfast

Muffin with poached egg & Bacon	£3.50
Bagels with cream cheese & Salmon	£4.50
Scrambled Egg & Bacon Wrap	£3.50
Toast with Jam & Butter	£1.50

Mid-Morning

Fruit Scone	£1.50
Cheese Scone	£1.50
Selection of Cakes	£2.50
Homemade Rich Fruit cake	£2.50

Lunch

Vegetable based soup	£3.20
Filled Panini	From £4.00
Farmhouse Toasties with various filling	From £4.00
Sandwiches, & Wraps	From £4.00
Jacket Potato selection of fillings,	From £4.00
Gluten Free Corned Beef Pie	£5.95
Gluten Free Quiche of the day	£4.95
Cheese & Spring Onion Pie	£4.95
Beef Lasagne	£6.95
Vegetable Lasagne	£5.95
Chilli & Rice	£5.95

All main meals are served with Salad & Coleslaw

Vegan Option Menu

Breakfast

Oatmeal (with Almonds, Hazelnuts, and Blueberries.)	£3.00
Breakfast Wrap (with Avocado, onion, Peppers, Spinach, Salsa. Tofu Scramble with black beans.)	£4.50

Mid Morning

Selection of Cake	From £2.50
Oat Pancakes with Honey & Nuts	£3.50

Lunch

Vegetable Based Soups	£3.20
Burger with Salad Vegan slaw.	£5.95
Plant based Vegetable Lasagne	£4.95
Plant based Vegaroni Pasta	£4.95
Jacket Potato with Baked Beans, from	£4.00
Jacket Potato with Vegetable Korma	£4.50
5 Bean chilli with Rice	£5.95
Vegetable Chilli	£5.95
Quorn Korma with Rice	£5.95
Southern Fried Meat free Strips in a Wrap.	£5.25